

ARROWHEAD HUMAN RESOURCES ASSOCIATION



www.arrowheadhra.org

Fourth Annual

ALL-DAY HR CONFERENCE

September 30, 2009



8:30 Registration

9:00 ***Recession and Depression: Coping Strategies in a Down Economy***

Mikaela Merrill, Psychologist, Range Mental Health Center

10:45 ***All You Need to Know About HSAs & FSAs***

Michelle Severson, Severson Financial Services

LUNCH

VISIT WITH THE EXHIBITORS

1:00 ***How Am I Doing? Performance Feedback***

Jim Laumeyer, Laumeyer Human Resource Solutions

2:45 ***Managing RTW Programs in Difficult Economic Times: A Workers' Compensation Perspective***

Kathy Bray, Attorney

4:15 Prize Drawings – must be present to win

For more information, contact Connie Larson at larsonc@vpuc.com
or go to www.arrowheadhra.org/2009%20conference.htm

ONLY \$40

Discount for AHRA members and 2 or more from same organization

LUNCH IS INCLUDED

NEW THIS YEAR:

Pay **ONLINE** with PayPal – go to www.arrowheadhra.org for more information

Registrations received by September 11th will be entered in an Early Bird Drawing.

This program has been submitted for recertification credit hours through the Human Resource Certification Institute (HRCI).

Last year's program was approved for 6 credit hours.

Check our website for more information.

Our Generous Sponsors:



Welcome to the end of the day!



If you deal with employees, you should attend!



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ALL-DAY HR
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September 30, 2009
Mt. Iron
Community Center

REGISTRATION FORM

Arrowhead Human Resources Association
All-Day HR Conference – September 30, 2009 - Mt. Iron Community Center

PAY ONLINE with PayPal (go to www.arrowheadhra.com), print & complete this form, and fax to (218) 748-6638

-OR-

Print & complete form and **MAIL WITH YOUR CHECK** to: AHRA PO Box 150 Virginia, MN 55792
Make check payable to Arrowhead Human Resources Association or AHRA

- | |
|--|
| <input type="checkbox"/> Paid through PayPal |
| <input type="checkbox"/> Check enclosed |

Name _____

Job Title _____ Company _____

Address _____

Email address _____

- Standard Registration \$40 per person
- AHRA Member - \$35 per person
- Multiple from same organization -\$35 each (must submit together)

If form is being faxed, please make sure that you have made payment online by PayPal. Forms received without online or check payment will not be registered.
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No Refunds - Can Send AlternateMust Pre-Register***

Registrations received and paid by September 11, 2009 will be entered in an Early Bird Drawing!

Contact Connie Larson at larsonc@vpuc.com for more information.

JOIN US!!! The Arrowhead Human Resources Association (AHRA) is a group of people from the Arrowhead region of Northern Minnesota who are interested in Human Resources (HR) issues. We'd love for you to join us!

AHRA meets six times a year and welcomes new members at any time. AHRA is chartered with the Society of Human Resource Management (SHRM) but you don't have to be a SHRM member to attend. (And you don't have to be a member of AHRA to attend our all-day seminar!)

HR professionals, business managers, business owners, teachers, attorneys, students, and anyone interested in HR issues are invited to attend. See our website for more information and a schedule of upcoming meetings.

If you would like more information on AHRA or SHRM membership, please check here and someone will contact you.